

Northern Highlights



Community Update

Week of November 11th, 2024

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DATE	ACTIVITIES	UPCOMING
Monday Nov. 18 Day 1	Intermediate Girls Volleyball Area Tournament	November is: <ul style="list-style-type: none"> Albanian Heritage Month Hindu Heritage Month Nov. 25 - Social Media and Online Safety; An Evening for Parents with Paul Davis (6:30 pm) Nov. 25 - Fresh From The Farm Pick-Up Nov. 28 - Primary Ice Skating Dec. 19 - NLPS Winter Concert (6:00 pm)
Tuesday Nov. 19 Day 2		
Wednesday Nov. 20 Day 3		
Thursday Nov. 21 Day 4		
Friday Nov. 22 Day 5		

INFORMATION & UPDATES

DROPS-OFFS DURING THE DAY: We kindly ask that any supplies, food, water bottles, or other items you need to drop off for your child be delivered through the front office only. To minimize disruptions and maintain a safe environment, please refrain from entering the schoolyard during recess times. Our office team will ensure that your items reach your child promptly.

YRPH BUILDING HEALTHY KIDS: Building positive relationships with children is important for them to grow up healthy and confident. York Region Public Health is here to support you with information and resources. [Please click here](#) for further information.

MULTI-YEAR STRATEGIC PLAN: Recently, York Region District School Board launched its new Multi-Year Strategic Plan. Developed by the Board of Trustees and based on feedback from staff, students and community, it lays out three priorities:

- Student Achievement
- Health and Well-Being
- Human Rights and Inclusive Education

The plan aims to build unity while helping students to achieve excellence by promoting and supporting high expectations for all, building healthy environments and positive relationships and learning and growing together while affirming our diverse identities. This plan will guide the collective work of the board for the next 4-5 years and we look forward to sharing its success with you in the coming months. To learn more about the Multi-Year Strategic Plan please visit www.yrdsb.ca/MYSP.

LAMPS PARENT/CAREGIVER SERIES SOCIAL MEDIA AND MENTAL HEALTH: The YRDSB Central Mental Health Team is proud to be offering a **Learning about Mental Health Presentation Series (LAMPS)**. The objective of the series is to promote and enhance mental health literacy. The session is **"Social Media and Mental Health - A Presentation for Parents and Caregivers"** and will occur virtually on **Wednesday, January 15th, 2024 from 6 - 7**

p.m. Some topics covered in this presentation will include understanding what social media is, the risks and benefits of social media use, some general strategies to support your children in managing their social media use, and resources. These virtual sessions are offered to any parent/guardian. Text Translation will be provided in a limited number of languages. If your preferred language is not offered, we recommend watching with a friend or family member who is able to translate. To register please visit [this link](#). Please Register by January 13th, 2024.

THE JEWISH RAINBOW ALLIANCE: The Jewish Rainbow Alliance is hosting a monthly support group for parents and caregivers of LGBTQ+ individuals. For further information and how to register, [please click here](#).

GURPURAB AND LANGAR CELEBRATION: AN EVENING OF LEARNING AND LANGAR: Families, students and educators, are invited to join the SEVA Affinity Group in a Gurpurab Celebration: An Evening of Learning and Langar on Wednesday, December 4, 2024, from 5:00 p.m. to 7:00 p.m. at Emily Carr Secondary School. This event will honour the founder of the Sikh faith, Guru Nanak Dev Ji. [Please click here](#) for further information.

TUNE IN YRDSB: TEENS IN A DIGITAL WORLD: SOCIAL MEDIA AND MENTAL HEALTH: In this episode of the podcast, members of the school board's mental health team speak with students about the complex relationship between social media and teen mental health. Join students from the youth mental health advisory, Youth SPACE, which promotes awareness, connection and student-led mental health advocacy. Tune in as guests share their insights, perspectives and strategies on this important topic. [Listen now](#).

INFORMATION FROM PREVIOUS ISSUES OF THE NORTHERN HIGHLIGHTS

FAMILY DASHBOARD: The dashboard will give you secure one-stop access to information and applications related to your child's education. It is designed to make it easier for you to engage with your child's education. For further information and how to register, [please click here](#).

BLACK FOUNDATION OF COMMUNITY NETWORKS: The Black Foundation of Community Networks (BFCN), in collaboration with YRDSB, is providing a free online workshop to guide Black students and their families on how to prepare, search, and apply for scholarships and bursaries. Grade 8 - 12 students. For further information [please click here](#).

FAMILIES OF YRDSB BLACK STUDENTS MONTHLY INFORMATION SESSION: Families, parents, caregivers, please join us on Monday, November 25, for our monthly meeting where families with Black children come together to learn about resources and upcoming programs for Black students in both elementary & secondary schools. [Please click here](#) for further information.

CENTRE FOR BLACK STUDENT EXCELLENCE NOVEMBER NEWSLETTER: This newsletter is designed to share timely information with families of Black students in the York Region District School Board, including information about school board and community programs and events. [Please click here](#) for the latest edition.

STUDENT MENTAL HEALTH AND ADDICTIONS NEWSLETTER: [Please click here](#) to read the November 2024 edition of the Student Mental Health and Addictions Newsletter.

PURDY'S CHOCOLATE FUNDRAISER: Calling ALL chocolate lovers! The School Council is teaming up with Purdys Chocolatier to fundraise for Northern Lights P.S. in hopes of raising \$1000.00! Stock up on your favourite Purdys Winter fundraising treats (did someone say Hedgehogs?) AND support a great cause at the same time—it's the best of both worlds. All fundraising profit raised will directly support Northern Lights P.S. students, so every order makes a great difference to us. Ordering is as easy as eating chocolate. Click on [NLPS Purdys Fundraiser](#), enter your email address, complete the information and click on "Join A Campaign". If entering in through Purdy's website, you can enter campaign number 78566, and order to your heart's content! The deadline for ordering is November 24, 2024, so get shopping!

PRIMARY SKATE PROGRAM: Please remember to submit payment (\$11.00) and permission through School Cash Online for the Primary Skate Program for students in Grades 1-3. Thank you to families that have already done so. The Primary Skate Program is part of the Physical Education program. The dates for skating are **Thursday, November 28, December 11 & 18, 2024**. Students will be skating at the Aurora Family Leisure Complex located at 135 Industrial Parkway N., Aurora. Staff, students and volunteers will walk to and from Northern Lights P.S. and

the AFLC arena. Please click on the following links if you are interested in [Volunteering](#) or if your child will need to [borrow skating equipment](#) to participate.